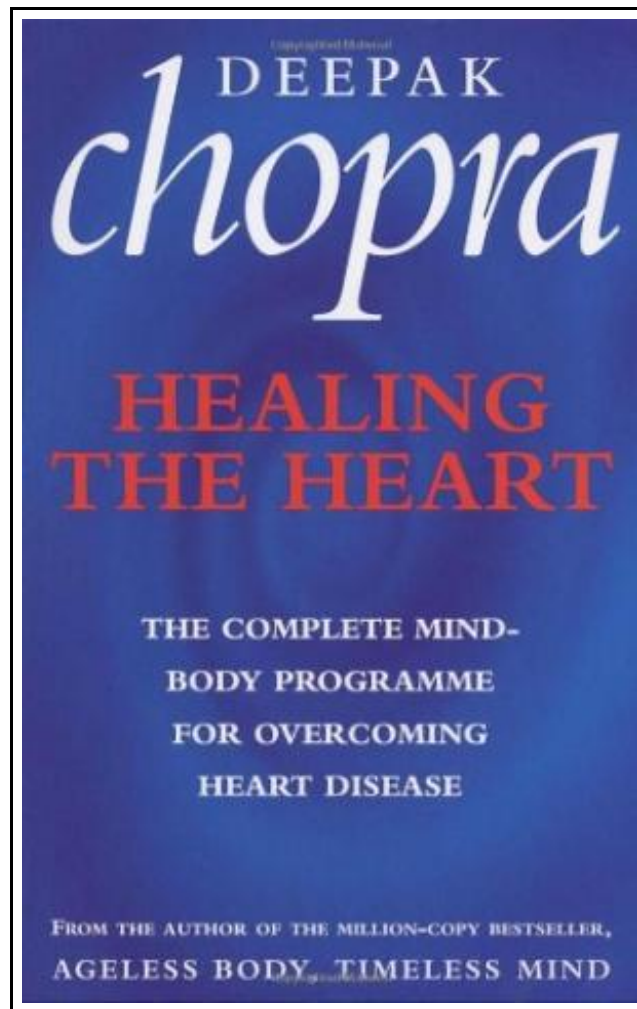


## Healing the Heart: The Complete Mind-body Programme for Overcoming Heart Disease



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