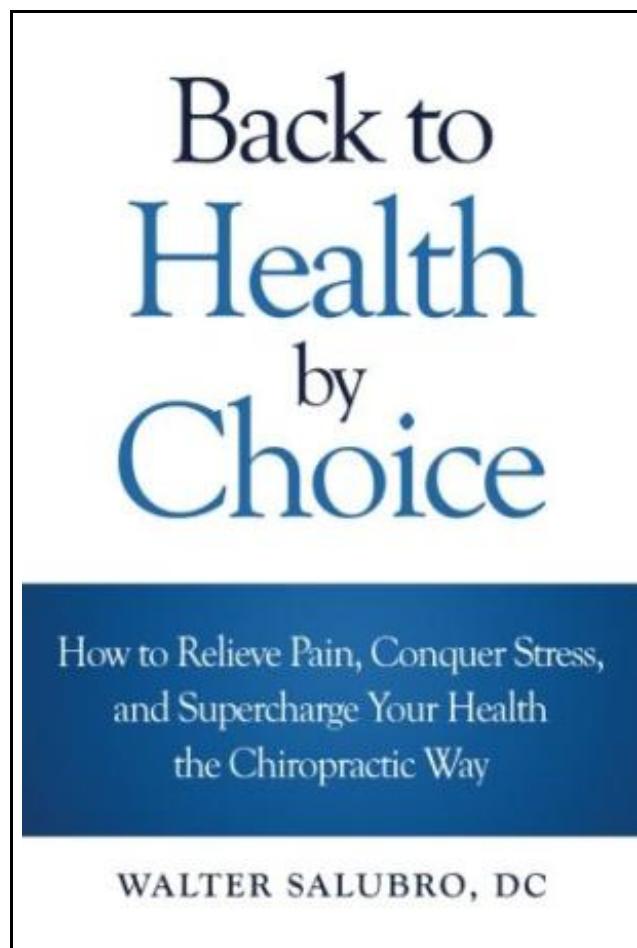


Back to Health by Choice: How to Relieve Pain, Conquer Stress and Supercharge Your Health the Chiropractic Way (Paperback)



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Walter Salubro, DC, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Why Some People Almost Always Maximize Their Health With Chiropractic Do you live with continuous pain and discomfort? Do you suffer from horrible stress? Do you worry that your health is gradually declining? Millions of people go to the chiropractor to relieve their pain and improve their health. But why do some people start chiropractic care and get well, while some of the most well-meaning people who are sick, suffering, stressed out, and in pain do not start chiropractic care and remain sick? What is the essential prerequisite to elevating and maximizing your health? After fifteen years of clinical practice, writer, speaker, and chiropractor Dr. Walter Salubro is more convinced than ever of the answer: people who regain their health do so by choice. According to Dr. Salubro, people who choose healing get well and people who do not choose healing typically remain unchanged-sick and suffering. For headache sufferer Mary, chiropractic represented a health care method that gave practical form to her choice for healing. Back to Health by Choice covers her healing journey, including how chiropractic saved her from fifteen years of pounding headaches and led her to a healthier, happier life. If you are sick, stressed, or constantly suffering from pain, this book will guide you to make a choice for your own healing and give you the means to make a transformation in your health and in your life. You will discover: How chiropractic can help relieve common ailments like back pain, neck pain, and headaches-without the use of drugs. How chiropractic can help you adapt to and handle stress better. How chiropractic can help you naturally improve and regain your health....

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